



COVID-19 ISOLATION & QUARANTINE GUIDELINES

ISOLATION: What to do if you test positive for COVID-19

➡ Everyone, regardless of vaccination status



Stay home for 5 full days (Day 0 is onset of symptoms or positive test date if asymptomatic.)



After 5 days, if you have no symptoms, or your symptoms are resolving, you can leave your house wearing a well-fitting mask.

- If you have a fever, continue to stay home until the fever resolves without the use of medication.



For 5 additional days, continue to wear a well-fitting mask around all others, including around other people in your household (days 6-10).

QUARANTINE: What to do if you are a close contact

VACCINATION STATUS



QUARANTINE RECOMMENDATION

- Boosted, **OR**
- Had 2 doses of Pfizer or Moderna within the last 5 months, **OR**
- Had 1 dose of J&J within the last 2 months

- Wear a well-fitting mask around others for 10 days*.
- Test on day 5, if possible.
- **If you develop symptoms, get a test and stay home. If test is negative, resume original quarantine timeline.**

- Unvaccinated, **OR**
- Had 2 doses of Pfizer or Moderna more than 5 months ago and are not boosted, **OR**
- Had 1 dose of J&J more than 2 months ago and are not boosted

- Stay home for 5 days*. After that, continue to wear a well-fitting mask around others for 5 additional days (days 6-10).
- If you can't quarantine, you must wear a well-fitting mask for 10 days.
- Test on day 5, if possible.
- **If you develop symptoms, get a test and stay home. If test is negative, resume original quarantine timeline.**

*Date you were last in contact with COVID-19 positive person is Day 0