

Why Get Vaccinated?

Five Good Reasons for Adults

1. Avoid getting COVID-19. The vaccines are highly effective in preventing serious illness and deaths.

2. Resume some normal activities. Visit other vaccinated individuals indoors or out. Wear a mask indoors in public in areas with substantial or high virus transmission.

3. Help stop the spread of COVID-19 Protect others, including those who are too young to be vaccinated.

4. If you are exposed to someone with COVID-19 and you have no symptoms, no need to quarantine. No need to miss work or activities critical to overall health. You should get tested 3-5 days after exposure and wear a mask indoors in public.

5. No need to get tested before travel or to self-quarantine after travel in the United States.

Vaccination Locations

Visit covid.riverstonehealth.org to see free vaccination clinics in Yellowstone County.

You Must Still:

- Follow local business & workplace guidance & all government laws, rules, & regulations.
- Watch for symptoms of COVID-19, especially if you are around someone who is sick.
- Wear a mask while on buses, trains, planes & public transportation & while in airports & bus stations.
- Wear a mask if you have a weakened immune system.
- Wear a mask at healthcare facilities, such as clinics, hospitals and long-term care facilities.
- Wear a mask in congregate settings, such as homeless shelters, prisons & jails.
- Because of the more infectious Delta variant, you should also wear a mask indoors in public spaces in areas with substantial or high rates of transmission.

To find out more about the benefits of COVID-19 vaccination, talk to your primary care provider or visit the [Centers for Disease Control and Prevention \(CDC\) guidance](#).

