

Fact Sheet: When Can I Return to Work After COVID-19?

It depends on whether you tested positive, have symptoms, are suspected of having COVID-19, or are a close contact of someone who tested positive. **This guidance is for non-healthcare personnel.**

Tested Positive & Symptoms

Employees with positive COVID-19 test and symptoms

Wait at least 10 days after the symptoms first appeared **AND** wait 24 hours after fever ends and other symptoms have improved

Tested Positive No Symptoms

Employees with no symptoms but tested positive for COVID-19

Wait at least 10 days after positive COVID-19 test, if the person remains symptom-free.

If symptoms develop after a positive test, employees can return to work after **at least 10 days** have passed since symptoms first appeared. **AND** at least 24 hours after fever ends and other symptoms have improved.

Suspected Symptoms

Employees suspected of having COVID-19 because of symptoms, but who did NOT get tested for COVID-19

Wait until **at least 10 days** have passed since symptoms first appeared **AND** wait 24 hours after fever ends and symptoms have improved.

Close Contact

Employees with no symptoms but a known exposure to a person who tested positive for COVID-19

A 14-day quarantine after last exposure to the infected person is ideal. But employees who have **no symptoms** may quarantine for 10 days without further testing; or for 7 days if they have a negative COVID-19 PCR test on Day 5 or later; or an antigen test as close to Day 7 as possible. They must continue to self-monitor through Day 14 & follow **correct & strict mask usage**, social distancing & all hygiene measures.

Be aware, availability of local testing is limited.

