

Fact Sheet: **Waiting for COVID-19 Test Results?**

STAY HOME

If you have been tested for COVID-19 and are having symptoms, or are a close contact of someone who tested positive, you must stay away from others.

- Stay home from school, work or running errands
- Don't leave your home, except for medical care
- Avoid public transportation, ride sharing, taxis

If you have not heard about your test result within 7 business days, please call the provider where the test was ordered.

Protecting Yourself & Others

Your household members do not have to quarantine while you wait for test results, but they should watch for COVID-19 symptoms. If anyone develops symptoms, **call your healthcare provider or get tested at the RiverStone Health community testing site.** Find details at covid.riverstonehealth.org.

To avoid spreading disease, here are some things you should do:

Separate yourself from other people & pets in your home

- Stay in a room away from others & use a separate bathroom, if possible.
- Maintain a 6-foot physical distance & wear a face mask when you are in the same room or vehicle with others or pets.
- If another household member cannot care for pets, wash hands thoroughly before & after caring for them.

Track your symptoms

- Call your healthcare provider if you are getting worse or have difficulty breathing. Call 911 in an emergency and let them know you are waiting for COVID-19 test results.

Clean & sanitize

- Cover coughs and sneezes. After using tissues, throw them in a lined trash can, & wash hands.
- Wash your hands often with soap and water, or alcohol-based hand sanitizer.
- Avoid touching your face with unwashed hands.
- Frequently clean & disinfect high-touch surfaces, such as counters, doorknobs, bathroom fixtures, toilets, phones, remote controls, etc.
- Wear disposable gloves while handling laundry. Dry clothes and other items at the warmest appropriate temperature.

Avoid sharing household items

- Do not share food, drinks, dishes, towels or bedding with other people or pets. Use a dishwasher, if possible.

October 22, 2020

