Fact Sheet: Waiting for COVID-19 Test Results?

**STAY HOME**

If you have been tested for COVID-19 and are having symptoms, or are a close contact of someone who tested positive, you must stay away from others.

- Stay home from school, work or running errands
- Don’t leave your home, except for medical care
- Avoid public transportation, ride sharing, taxis

If you have not heard about your test result within 7 business days, please call the provider where the test was ordered.

**Protecting Yourself & Others**

Your household members do not have to quarantine while you wait for test results, but they should watch for COVID-19 symptoms. If anyone develops symptoms, call your healthcare provider or get tested at the RiverStone Health community testing site. Find details at covid.riverstonehealth.org.

To avoid spreading disease, here are some things you should do:

**Separate yourself from other people & pets in your home**
- Stay in a room away from others & use a separate bathroom, if possible.
- Maintain a 6-foot physical distance & wear a face mask when you are in the same room or vehicle with others or pets.
- If another household member cannot care for pets, wash hands thoroughly before & after caring for them.

**Track your symptoms**
- Call your healthcare provider if you are getting worse or have difficulty breathing. Call 911 in an emergency and let them know you are waiting for COVID-19 test results.

**Clean & sanitize**
- Cover coughs and sneezes. After using tissues, throw them in a lined trash can, & wash hands.
- Wash your hands often with soap and water, or alcohol-based hand sanitizer.
- Avoid touching your face with unwashed hands.
- Frequently clean & disinfect high-touch surfaces, such as counters, doorknobs, bathroom fixtures, toilets, phones, remote controls, etc.
- Wear disposable gloves while handling laundry. Dry clothes and other items at the warmest appropriate temperature.

**Avoid sharing household items**
- Do not share food, drinks, dishes, towels or bedding with other people or pets. Use a dishwasher, if possible.

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