



## Detailed Instructions: Waiting for Your COVID-19 Test Results, **STAY HOME!**

You **MUST** self-isolate while waiting for test results.

- Stay home. Do not go to work, school, or run errands.
- Do not leave your home, except to get medical care.
- Avoid public transportation or ride sharing.

It may take **up to 5 to 7 business days** for your test result to come back. The provider's office who ordered the test will contact you. If you have not heard about your test result within **7 business days**, please call the provider **where the test was ordered**. **If you were tested at the free community drive-through testing site, you will be contacted by RiverStone Health Clinic.**

- If you have a medical appointment, call ahead and tell the provider that you are waiting for COVID-19 test results.
- Stay away from other people and pets in your home, as much as possible. Use a separate bathroom, if possible.
- ***Wear a facemask at all times when*** you are around other people or pets.
- If you must care for pets, wash your hands thoroughly before and after.
- If you need to be in the same room or vehicle with pets and other people, wear a face mask. If wearing a mask causes you difficulty breathing or other severe consequences, make sure that other people in the room or vehicle wear facemasks.
- Cover your mouth and nose with a tissue when you cough or sneeze, place the used tissue in a lined trash can. Wash your hands right away with soap and water for at least 20 seconds or clean your hands with a nickel-size amount of alcohol-based hand sanitizer.
- Don't share food, drinks, dishes, eating utensils, towels or bedding with other people or pets. Wash dishes, towels and bedding thoroughly and dry them on the hottest appropriate setting.
- Use household disinfectants to regularly clean high-touch surfaces, including counters, doorknobs, bathroom fixtures, toilets, phones, remote controls, keyboards, tablets and bedside tables.
- ***Your household members are not required to quarantine while you are waiting your test results***, but to prevent spread of disease, everyone in the household should check for symptoms of COVID-19. Call your healthcare provider if a household member develops a new cough, new shortness of breath, fever greater than 100.0 degrees, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting or diarrhea.

